

**Newark Valley Central School District**  
Wellness Center at High School  
Wilson Creek Road, Newark Valley, NY 13811  
District Office Phone: (607) 642-3221 Fax: (607) 642-8821

If you are a district resident, there is no cost to use the Wellness Center.

**Procedures for Newark Valley Residents:**

1. Obtain a membership application (available in the district office and on the district website at [www.nvcs.stier.org](http://www.nvcs.stier.org)).
  2. Complete the membership application and sign the Waiver and Release of Liability.
  3. Receive a membership punch card.
    - Membership punch card and a photo ID must be presented to fitness center personnel upon entrance to the fitness center.
- Only punch card holders will be allowed in.

**Payment Procedures for Non-Residents:**

***No payments will be accepted in the Wellness Center.***

**Procedures**

1. Obtain a membership application (available in the district office and on the district website at [www.nvcs.stier.org](http://www.nvcs.stier.org)).
  2. Complete the membership application and sign the Waiver and Release of Liability.
  3. Pay for the membership
    - All membership punch cards will be paid for in the District Office. Punch cards are good for 10 visits to the Wellness Center.
    - Make checks payable to “Newark Valley Central School District”.
  4. Receive a membership card.
    - Membership punch card and a photo ID must be presented to fitness center personnel upon entrance to the fitness center.
- Only punch card holders will be allowed in.