

# Newark Valley Central School District

Wellness Center at High School

Wilson Creek Road, Newark Valley, NY 13811

District Office Phone: (607) 642-3221

Fax: (607) 642-8821

## WAIVER AND RELEASE OF LIABILITY

I am aware and understand that competing in or practicing in any athletic activity can be dangerous and involve risk of injury. I understand that the dangers and risks of competing in or practicing athletic activities include, but are not limited to, neck and spinal injuries, which may result in partial or complete paralysis; brain damage; injury to virtually all bones joints, ligaments, muscles, tendons and other aspects of the muscular-skeletal system; injury or impairment to present or future abilities to earn a living, to engage in business, social and recreational activities, and generally, to enjoy life. Participation in athletic activity also carries with it risk of death.

I recognize the importance of following instructions regarding the use of equipment and other rules that may be given, and agree to obey any such rules.

I hereby assume all of the risks while participating in any athletic event, or any risk inherent in the use of the Newark Valley Central School District Wellness Center. In consideration of my permission to use, or my use of, the District's facilities, I hereby state on behalf of myself, my executors, my administrators, my heirs, my successors, and my assignees, as follows:

I forever waive, release, and discharge from any action or cause of action, and any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which hereafter accrue to me, the Newark Valley Central School District, its Board members, agents, and employees, arising out of or related to my use of the athletic facilities at the Newark Valley Central School District, as limited by New York State General Obligations Law, §5-326.

I understand this is a license and may be revoked by the District at any time.

Date: \_\_\_\_\_

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Printed Name