

### 3 DAILY HOME SCREENING FOR STUDENTS

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Parents: Please complete this short check each morning and report your child's information [INSERT YOUR SCHOOL REPORTING INSTRUCTIONS] in the morning before your child leaves for school.

#### SECTION 1: Symptoms

If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. NOTE: This is not a comprehensive list of symptoms associated to COVID-19 infection.

Please check your child for these symptoms:

- Temperature 100.0 degrees Fahrenheit or higher
- Sore throat
- **New** uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Diarrhea, vomiting, or abdominal pain
- **New** onset of severe headache, especially with a fever

#### SECTION 2: Close Contact/Potential Exposure

- Had close contact (within 6 feet of an infected person for at least 10 minutes) with a person with confirmed COVID-19 or who has or had symptoms of COVID-19
- Personally tested positive through a diagnostic test for COVID-19 in the past 14 days
- Has traveled internationally or from a state with widespread community transmission of COVID-19 per the NYS Travel Advisory in the Past 14 days.

#### RETURN-TO-SCHOOL POLICIES

If you answered yes to any questions in Sections 1 or 2, please keep your student home and he/she will be required to:

1. Have an evaluation by a healthcare provider, with documentation that return to in-person instruction is suitable. Any Non-COVID-19 illness should be resolved, as per the school illness policy.
2. Negative COVID-19 PCR test  
—OR—  
If a positive COVID-19 test result is obtained, then documented release from public health isolation from the local Health Department.
3. If an evaluation by a health care provider has been completed and COVID-19 testing is ordered but is unable to be performed, in-person learning can not resume until a waiting period of 10 days has been reached. The decision to return will be decided amongst the provider and district.

**Please contact your school's COVID resource officer/school nurse to discuss absence and with any questions/concerns. In the event of an emergency, call 911.**

## 6 COVID-19 EVALUATION

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Schools have established policies in consultation with the local health department(s) about the requirements for determining when individuals, particularly students, who screen positive for COVID-19 symptoms can return to the in-person learning environment. This returning to learning protocol must include at a minimum:

1. Have an evaluation by a healthcare provider, with documentation that return to in-person instruction is suitable. Any Non-COVID-19 illness should be resolved, as per the school illness policy.
2. Negative COVID-19 PCR test –OR–  
If a positive COVID-19 test result is obtained, then documented release from public health isolation from the local Health Department.
4. If an evaluation by a health care provider has been completed and COVID-19 testing is ordered but is unable to be performed, in-person learning can not resume until a waiting period of 10 days has been reached. The decision to return will be decided amongst the provider and district.

### Evaluation by a health care provider:

1. **Call your primary care provider for an evaluation (pediatrician/family doctor/nurse practitioner/physician assistant) – if no reasonable availability then:**
2. **There are several virtual walk-in providers. We strongly urge you to use the virtual option if you feel you have COVID-19 symptoms:**
  - UHS: <https://www.nyuhs.zipnosis.com/>
  - Lourdes: <https://healthcare.ascension.org/Locations/New-York/NYBIN/Binghamton-Our-Lady-of-Lourdes-Memorial-Hospital>
  - Endwell Family Physicians: <https://endwellfamily.com/>
  - Guthrie: <https://guthrie.org/>
3. **Look for emergency warning signs\* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:**
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you. **Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

4. **COVID-19 Testing locally is conducted through:**
  - Local Health Care Providers, Pharmacies & The NYS Drive-through testing site at Binghamton University
  - If a student or staff member needs to be tested, they should contact a local healthcare provider, use a virtual walk-in, or call the NYS COVID-19 hotline at 1-888-364-3065 to make an appointment for testing.
  - To find a testing site near you visit: <https://coronavirus.health.ny.gov/find-test-site-near-you> <https://coronavirus.health.ny.gov/find-test-site-near-you>

**\*\*We encourage you to follow up with your primary care provider if you choose an alternative for the initial evaluation for continued treatment and care.\*\***

## 7 YOUR CHILD SCREENED POSITIVE FOR POSSIBLE COVID-19: NOW WHAT?

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1. **Call your health care provider for an evaluation and COVID-19 testing.**
2. **When to seek emergency medical attention:**

Look for **emergency warning signs\*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you. **Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

3. **How can my child continue to learn:**

- Stay in touch with your child's school.
- Many schools are offering lessons online (virtual learning). Review assignments from the school, and help your child establish a reasonable pace for completing the work. You may need to assist your child with turning on devices, reading instructions, and typing answers.
- Create a schedule and routine for learning at home, but remain flexible.
- Consider the needs and adjustment required for your child's age group.
- The transition to being at home will be different for preschoolers, K-5, middle school students, and high school students. Talk to your child about expectations and how they are adjusting to being at home versus at school.
- Look for ways to make learning fun.

4. **I tested positive for COVID-19 but had no symptoms**

Students diagnosed with COVID-19 via a positive test result should **NOT** be permitted to return to school. You should call your primary care provider to discuss positive COVID-19 test. Student may return to in-person learning when released from isolation by the local Health Department.

5. **I was severely ill with COVID-19 or have a severely weakened immune system (immunocompromised) due to a health condition or medication. When can I be around others?**

People who are severely ill with COVID-19 might need to stay home longer than 10 days and up to 20 days after symptoms first appeared. Persons who are severely immunocompromised may require testing to determine when they can be around others. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. Your healthcare provider will let you know if you can resume being around other people based on the results of your testing.

## 9 RETURN TO IN-PERSON LEARNING

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Schools have established policies in consultation with the local health department(s) about the requirements for determining when individuals, particularly students, who screen positive for COVID-19 symptoms can return to the in-person learning environment. This returning to learning protocol must include at a minimum:

1. Have an evaluation by a healthcare provider, with documentation.
2. Negative COVID-19 PCR test
  - If a person is not diagnosed with COVID-19 (ie Negative COVID test) by a healthcare provider (physician, nurse practitioner, or physician assistant) they can return to school:
    - a) Once there is no fever, without the use of fever reducing medicines, and they have felt well for 24 hours
    - b) If they have been diagnosed with another condition AND they have documentation that return to in-person instruction is suitable.

–OR–

If a positive COVID-19 test result is obtained, then documented release from public health isolation from the local Health Department.

- **If a person is being tested for COVID-19 symptoms or for concerns about exposure, they are not to return to any school building until they get their test result.** Their healthcare provider will let them know when they can resume being around others based on their test results.
3. If an evaluation by a health care provider has been completed and COVID-19 testing is ordered but is unable to be performed, in-person learning can not resume until a waiting period of 10 days has been reached. The decision to return will be decided amongst the provider and district.