Sharon Mullins Memorial 5K

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**Street Address**

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**Age** (as of 5/20/17)

**Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**RELEASE:** I know that running a cross country race is a potentially hazardous activity. I agree I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the run safely. I assume all risks associated with running in this event, but not limited to; falls, contact with other participants, the effects of the weather-including high heat or humidity, conditions of the course, all such risks being known and appreciated to me. Having read the waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Newark Valley Central School District and other organizers from all claims or liabilities of any kind arising out of my participation in this event.

Participant (or guardian) signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Failure to sign and date will invalidate your entry. Parent or guardian signature is required if under 18 years of age.**

**Saturday, May 19, 2018**

**5K Run/Walk begins at 8:45 a.m. Deadline for pre-registration: May 14, 2018**

Entry Fee: 5K pre-registration $20
 Student Fee $10

Place: Newark Valley High School

Check-in: Pre-registered packets and race day registration will be on Saturday, May 20 from 7:45am to 8:30 am.
No registration or pick up after 8:30.

Awards: Top overall male and female finisher, top finisher for each male/female age group.

Giveaways: T-shirts to first 30 registrants. T-shirts will also be available for sale on the day of the race.
Snacks and water will be offered to runners post-race.

Note: The race directors reserve the right to reject any entry for any reason. *Dogs are absolutely forbidden*. Those observing poor manners or not obeying race marshals will be disqualified. No refunds for cancellations.

Benefit: ALL proceeds will be donated to the Tompkins County SPCA and St. Jude’s Children’s Hospital

More Info: Robin Novi: rnovi1@nvcs.stier.org

Sponsored by: Newark Valley High School Varsity Club

**T-Shirt Size**

**S\_\_\_M\_\_\_L\_\_\_XL\_\_\_**

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**City/State**

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**gender**

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**First Name**

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**Last Name**

**Make checks payable to: NVHS Varsity Club**

Return form to: Robin Novi, 68 Wilson Creek Rd.

PO Box 547, Newark Valley, NY 13811

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**BIB #**